



New Products 11/1



Frozen: Hilary's Holiday Stuffing (WF, GF, Vegan, Nut free) \$6.99, Co+op Deal



Grocery, Pkg: Endangered Species Chocolate Almond Spread with Cocoa \$7.99



Frozen: So Delicious Dairy Free Cashew Milk Ice Cream in Creamy Cashew \$5.99, 16 oz



Holiday/Seasonal: Pamela's Gluten Free Baking Mixes in Pumpkin Bread \$7.99 or Spice Cake \$5.99



Frozen: Maria & Ricardo's Corn Tortillas \$1.99



Personal Care: Earthly Delights Nail Polish in Blue Ice \$4.39



Personal Care: Acure Lotion in Energizing Mandarin, Fragrance Free, Calming Lavender Echinacea, Lemongrass Argan \$9.99



Holiday/Seasonal: Garden of Eatin' Pumpkin Chips \$3.49 for 6 oz



Grocery, Packaged: Numi Turmeric Tea in Three Roots or Fields of Gold \$6.99



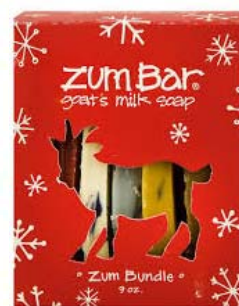
Holiday/Seasonal: Knudsen's Sparkling Juice in Caramel Apple or Pumpkin Spice \$4.39



Personal Care: Aubrey Chia Shampoo or Conditioner \$10.99



Personal Care: Zum Be Merry Line Bar for \$5.69, Lotion \$14.99, Mini Bar \$2.69, Mini Mist \$5.99



Personal Care: Holiday Zum Bundle \$7.99, Zum Mini Bar Bundle \$8.39



Holiday/Seasonal: Larabar in Pumpkin Pie or Gingerbread \$1.69



Holiday/Seasonal: Lifeway Lowfat Kefir in Eggnog \$3.99

Holiday/Seasonal: Silk Almond Nog, Original \$3.69



Produce: Taylor Farms Organic Kale Medley \$3.49 for 5 oz



Produce: Farmed Here Sweet Basil Vinaigrette \$7.49



Produce: Cindy's Kitchen Dressing in Mexican Pepita or Memphis BBQ \$6.99

NATURAL GROCERY & DELI

1612 Sherman Blvd. Fort Wayne Indiana
260-424-8812 www.3riversfood.coop
Everyone Welcome!



Vitamin/Health: Nordic Naturals Prenatal DHA \$29.99 for 90 softgels



Vitamin/Health: Organic India Whole Husk Psyllium \$16.99



Personal Care: Sibu Sea Buckthorn Bar Soap \$6.99



Wine/Beer: B Nektar Meadery in Kill all the Golfers Mead or Necromangocon Mead \$8.69 for 16.9 oz



Wine/Beer: Heavy Seas The Great Pumpkin Ale \$7.99 for 22 oz



Wine/Beer: Cardwell Hill Pinot Gris \$16.99

Wine/Beer: Girasole Vineyards Pinot Noir, Organic \$14.99



Pop/Candy: Chocolove Mini Bar in Raspberry Dark or Cherry Almond Dark \$1.39 for 1.3 oz



Wine/Beer: Lakefront Brewery Pumpkin Lager \$1.99 for 12 oz

Wine/Beer: Lava Cap Sustainable Vineyard Wine in Cabernet Sauvignon or Chardonnay \$18.99 for 750 ml

Wine/Beer: Le Brun Cidre de Bretagne \$9.99 for 750 ml



Personal Care: EO Everyone Bath Soak Yoga \$12.99 for 30 oz



Holiday/Seasonal: So Delicious Coconut Milk Frozen Bars in Peppermint Stick or Snowman \$4.99, 4 count



Vitamin/Health: Honeybee Gardens Wild Cherry Bark Cough Syrup \$19.99 for 8 oz