



# November Owner Specials!

Hello Owners! Watch the shelves to find these nice savings for owners only. Special shelf signs bring your attention to the owner only deals offered month to month. An owner special shelf sign that is green and yellow is a special price for all equity owners including installment plan and fully invested owners. ALL Owner Bonus Buys are for both partial and full equity owners. Details listed on product shelf signs through 11/30/15. The Owner Special price will scan at the register when you scan your owner card. You may special order a case of any of these items and receive an extra 10% off! Case orders must be placed by 11/26 and paid for by 11/30 at 8 pm. ♥

## For ALL Owners

### Bread

**Nature's Path** Organic Manna Bread 14 oz S/O Qty=8 Owner Price \$3.39 (shelf price \$4.69): Fruit & Nut or Multigrain Oat

**Ozerys** Morning Rounds Pita 12.7 oz S/O Qty=6 Owner Price \$2.99 (shelf price \$3.69): Apple Cinnamon or Cranberry Orange

### Bulk Foods

**Sunspire** Dark Chocolate Espresso Bean per pound S/O Qty=10 lbs Owner Price \$12.99 (shelf price \$17.69), Organic Dark Chocolate Chips per pound S/O Qty=25 lbs Owner Price \$7.99 (shelf price \$10.95)

### Frozen Foods

**Lightlife** Gimme Lean Beef Style 14 oz S/O Qty=12 Owner Price \$3.39 (shelf price \$4.39)

### Grocery, Packaged

**Ah!Laska** Organic Baker's Cocoa 8 oz S/O Qty=12 Owner Price \$6.99 (shelf price \$8.99) or Organic Non Dairy Cocoa Mix 12 oz S/O Qty=12 Owner Price \$6.99 (shelf price \$8.99)

**Arrowhead Mills** Organic All Purpose Wheat-free Baking Mix 28 oz S/O Qty=6 Owner Price \$6.69 (shelf price \$7.99)

**Barbara's Bakery** Wheat-free Raspberry Fig Bars 12 oz S/O Qty=6 Owner Price \$4.39 (shelf price \$5.99)

**Bixby** Dark Chocolate Bar 1.5 oz S/O Qty=12 Owner Price \$2.39 (shelf price \$2.69): Currant Hazelnut, Blueberry Walnut, Strawberry Almond or White Chocolate Goji Pistachio Almond

**Crown Prince** Sardines in Mustard Sauce 3.75 oz S/O Qty=12 Owner Price \$2.99 (shelf price \$3.39)

**Dr In The Kitchen** Savory Flackers 5 oz S/O Qty=12 Owner Price \$4.69 (shelf price \$5.99)

**Ghirardelli** Semi Sweet Chocolate Chips 12 oz S/O Qty=12 Owner Price \$3.99 (shelf price \$4.99)

**Ginger People** Ginger Soother 12 oz S/O Qty=24 Owner Price \$1.69 (shelf price \$2.19)

**Good Health** Avocado Oil Chip 5 oz S/O Qty=12 Owner Price \$2.69 (shelf price \$3.39): BBQ, Lime or Sea Salt

**Harvest Bay** Coconut Water 33.8 oz S/O Qty=12 Owner Price \$4.39 (shelf price \$5.69)

**Harvest Bay** Coconut Water 8.45 oz S/O Qty=12 Owner Price \$1.39 (shelf price \$1.69): Plain, Orange Mango, Pineapple or Pomegrate

**Kicking Horse** Organic Coffee 10 oz S/O Qty=6 Owner Price \$7.99 (shelf price \$9.99): Grizzly Claw or Kick Ass

**Lundberg Family Farms** Organic Brown Rice Syrup 21 oz S/O Qty=12 Owner Price \$4.99 (shelf price \$6.69)

**Simply Organic** Mulling Spice 1.2 oz S/O Qty=8 Owner Price \$1.59 (shelf price \$2.19)

**Svelte** Protein Shake 11 oz S/O Qty=8 Owner Price \$1.99 (shelf price \$2.69): Chai, Chocolate or Cappuccino

**Sweet Leaf** Stevia S/O Qty=6: Tablets 100 ct Owner Price \$6.69 (shelf price \$7.99), Packets 70 ct Owner Price \$5.39 (shelf price \$6.99) or Packets 35 ct Owner Price \$2.99 (shelf price \$4.19)

**Teccino** Herbal Coffee Tee-Bag 10 ct S/O Qty=6 Owner Price \$3.39 (shelf price \$4.39): Mediterranean Hazelnut or French Roast

**Vertical Water** Pure Maple Water 16.9 oz S/O Qty=12 Owner Price \$1.99 (shelf price \$2.69)

### Meat

**Organic Prairie** Ground Beef Organic 85% Lean 16 oz S/O Qty=8 Owner Price \$9.99 (shelf price \$11.99)

### Pop/Candy

**Dry Soda** single/4 pk S/O Qty=24 Owner Price \$1.49/\$5.69 (shelf price \$1.99/\$7.39): Rhubarb or Vanilla

### Refrigerated

**Lightlife** S/O Qty=12: Gimme Lean Sausage Style 14 oz Owner Price \$3.39 (shelf price \$4.39), Tempeh Organic Soy Original 8 oz Owner Price \$2.69 (shelf price \$3.69) or Tempeh Organic Strip (Fakbac) 6 oz Owner Price \$3.99 (shelf price \$5.39)

### Household

**Aura Cacia** Electric Air Fresh ea S/O Qty=6 Owner Price \$9.99 (shelf price \$15.49): Lavender or Lime Grapefruit

**Aura Cacia** Electric Air Refill ea S/O Qty=6 Owner Price \$4.99 (shelf price \$6.99): Lavender, Lime & Grapefruit or Orange Bergamot

### Body Care

**Badger** Lip Balm .15 oz S/O Qty=25 Owner Price \$1.99 (shelf price \$2.59): Ginger Lemon, Highland Mint, Lavender Orange, Pink Grapefruit, Tangerine Breeze, Unscented or Vanilla Madagascar

(Continued on page 2)

# Monthly Owner Bonus Buys

- Badger Lip Balm** .25 oz S/O Qty=16  
Owner Price \$3.39 (shelf price \$4.19):  
Cool Mint, Creamy Cocoa, Lime Rocket,  
Mocha Cocoa, Poetic Pomegranate, Sweet  
Orange or Vanilla Bean
- Badger Lip Tint** .25 oz S/O Qty=6 Owner  
Price \$3.99 (shelf price \$5.49): Copper  
Opal, Garnet Opal, Red Jasper or Rose  
Tourmaline
- Badger Tea Tree Lemon Balm Up Care** .15  
oz S/O Qty=6 Owner Price \$1.99 (shelf  
price \$3.69)
- Tea Tree Therapy Toothpicks** 100 ct S/O  
Qty=12 Owner Price \$2.99 (shelf price  
\$3.69): Cinnamon or Tea Tree
- Tea Tree Therapy S/O** Qty=6: Mouthwash  
12 oz Owner Price \$4.99 (shelf price

\$6.69), Tea Tree Baking Soda  
Toothpaste 5 oz Owner Price \$3.99  
(shelf price \$5.99) or Whitening  
Toothpaste 3 oz Owner Price \$3.99  
(shelf price \$5.39)

## Wellness

- Urban Moonshine S/O** Qty=6 Owner  
Price \$13.99 (shelf price \$16.99): Aller-  
Blast 2 oz, Clear Chest 4.2 oz or Immune  
Zoom 2 oz
- Urban Moonshine Organic Bitters** 2 oz S/  
O Qty=6 Owner Price \$12.99 (shelf  
price \$13.99): Plain, Citrus or Maple
- Urban Moonshine Throat Spray** 1 oz S/O  
Qty=6 Owner Price \$9.59 (shelf price  
\$11.99)

## Everyday Owner Bonus Buys:

*These items are always  
at a savings for owners.*

- Ultra Pure Water: 1 gallon, save 5¢  
2.5 gallons, save 12¢,  
5 gallons, save 25¢
- One Bag at a Time Shopping Bags,  
save 40¢ (\$1.59)
  - Books: 20% off the list price
  - "Why I Shop" Co-op Shopping  
Bags,  
save 20¢ (\$1.79), Co-op Thermal  
Bag, save .30¢ (\$3.09)

Want more? Owners can sign up for  
our owner only newsletter to get  
unadvertised specials, deli menus,  
fliers, and info about events. Send an  
email to [news@3riversfood.coop](mailto:news@3riversfood.coop)!